

# d'Parys

## Nibbles

Marinated Olives (pb)(wg) 159kcal	£3.5
Blistered Padron Peppers (pb)(wg) 120kcal	£4
Artisan Bread, Balsamic Vinegar, Oil & Butter (pbo) 975kcal	£5.5
Hoisin Pork Belly Bites (wg) 851kcal	£6.5

## Starters

Roasted Red Pepper Soup (pbo)(wgo) 519kcal	£5.5
Beetroot & Goats Cheese Risotto with Beetroot Crisps (v)(wg) 416kcal	£6
Hoisin Duck Parcel with Rocket, Cucumber & Spring Onion Salad 625kcal	£9
Haddock & Salmon Fishcake with Poached Egg, Minted Peas & Béarnaise Sauce (gfo) 440kcal	£8.5
Garlic Butter King Prawns with Sweet Chilli Dip & Bread (gfo) 457kcal	£8.5
Basil Pesto & Grilled Aubergine Gnocchi with Fresh Basil & Cherry Tomatoes (pb) 660kcal	£6
Baked Camembert with Bread, Butter & Chutney (v)(gfo) ~ for two to share 1672kcal	£14

## Mains

10oz 28-day Aged Aberdeen Angus Ribeye, Skinny Fries, Grilled Tomato, Mushroom, Rocket Salad (wg) 1236kcal	£25
~ served with a choice of peppercorn (wg) 88kcal £1.50 or béarnaise sauce 101kcal £1.50 ~	
Fish & Chips, Beer Battered Market Fish with Chunky Chips, Minted Peas & Tartare Sauce 1066kcal	£15
Pan-seared Sea Bream Fillets, Garlic Crushed Potatoes, Tomato & Pomegranate Salsa & Rocket (wg) 537kcal	£16.5
Chicken & Mushroom Shortcrust Pie, Buttered Mash Potato, Seasonal Vegetables & Red Wine Jus 1360kcal	£16
Red Thai Curry of Aubergine, Baby Corn, Pak Choi, Edamame Beans & Fragrant Rice (pb)(wg) 776kcal	£12.5
~ add chicken (wg) 159kcal £4, add prawns (wg) 99kcal £4 or add toasted cashews (n)(pb)(wg) 187kcal £2~	
Summer Vegetable Tagliatelle, Basil Pesto, Fine Beans, Asparagus, Soya Beans, Lemon & Chives (pb) 797kcal	£12
21-day Aged Beef Burger, Emmental Cheese, Streaky Bacon, Relish & Aioli in a Brioche Bun (wgo) 1372kcal	£15
Grilled Chicken Burger, Emmental Cheese, Streaky Bacon, Relish & Aioli in a Brioche Bun (wgo) 1210kcal	£15
Pesto Halloumi Burger, Relish, Tomato, Red Onion & Gem Lettuce in a Brioche Bun (v)(wgo) 1431kcal	£15
~ all burgers served with skinny fries, dill pickle & homemade coleslaw ~	
Chicken Caesar Salad, Garlic Croutons, Parmesan, Streaky Bacon, Caesar Dressing & Anchovies 922kcal	£12.5
~ swap chicken for halloumi (v)(wg) or add avocado £2.5 (pb) 155kcal ~	
Goats Cheese & Roasted Red Pepper Salad, Cucumber, Red Onion, Olives, Croutons & Balsamic (v)(wgo) 612kcal	£10.5
~ add chicken (wg) 159kcal £4, add halloumi (v)(wg) 360kcal £4 or add avocado (pb)(wg) 155kcal £2.5 ~	
Greek Feta Salad, Cucumber, Green Peppers, Red Onions, Olives, Cherry Tomatoes & Oregano (v)(wg) 664kcal	£10.5

## Sides

Halloumi Fries (v)(wg) 606kcal £6 / Skinny Fries (v)(wg) 324kcal £3.5 / Chunky Chips (v)(wg) 319kcal £3.5 / Sweet Potato Fries (pb)(wg) 340kcal £4 / Tempura Battered Onion Rings (v) 163kcal £3.5 / Rocket & Parmesan Salad (wg) 164kcal £4 / Seasonal Vegetables (v)(pbo)(wg) 109kcal £3.5

## Puddings

Double Chocolate Brownie, Vanilla Ice Cream & Hot Salted Caramel Sauce (v)(wg) 955kcal	£7
Lotus Biscoff Cheesecake, Raspberry Sorbet & Chocolate Sauce (pb) 572kcal	£6.5
Banoffee Pie, Caramelised Bananas, Toffee Sauce & Chantilly Cream (v) 745kcal	£6
Strawberry Eton Mess, British Strawberries, Meringue, Chantilly Cream, Strawberry Coulis & Mint (v)(wg) 508kcal	£6
Vanilla Crème Brûlée, Homemade Shortbread (v)(wgo) 389kcal	£6
Sticky Toffee Pudding, Vanilla Ice Cream & Hot Salted Caramel Sauce (v)(wg) 715kcal	£6.5
Ice Creams & Sorbets (wg)(pbo) ~ ask team for details ~	£1.5 per scoop

Food allergies? Please advise your server or ask for a manager before ordering. If you require information about allergens in our food, please ask. All dishes are prepared in a kitchen where all allergens are present, subsequently we cannot guarantee any to be 100% free of allergens. Fish and poultry may contain bones. Adults need around 2000kcal per day. Prices include VAT at the current rate.

(wg) made without gluten (wgo) without gluten option available (n) contains nuts (pb) plant-based ingredients (pbo) plant-based option available