

# d'Parys

- Available weekdays 12pm - 5pm -

## Lunch

### **ANTI-PASTI SHARING BOARD - £18**

Olives, houmous, pitta, cured meats, sun-dried tomatoes, balsamic onions, chargrilled vegetables, cornichons and caperberries [pbo] [wgo] [1322Kcal]  
- Ideal for two to share -

### **BRITISH PORK & HERB SAUSAGES - £12**

Roasted garlic mash, minted peas and shallot gravy [1227Kcal]

### **BAKED MARKET FISH - £13.5**

White wine sauce with shallots, roasted garlic mash, lilliput capers and cavolo nero [1011Kcal]

### **BUDDHA BOWL - £10.5**

Butternut squash, giant couscous, sun-dried tomatoes, beetroot tikkis, chargrilled vegetables, avocado, houmous and a runny egg [v] [pbo] [1042Kcal]  
- Add chicken + £4 [wg] [239Kcal] | Add halloumi + £4 [v] [wg] [338Kcal] -

## Sandwiches

### **BACON, LETTUCE AND TOMATO - £7.5**

Roasted garlic mayo [1031Kcal]

### **COD GOUJONS - £7.5**

Romaine lettuce, cucumber and tartare sauce [765Kcal]

### **WELSH RAREBIT - £8**

Extra mature Cheddar and chilli jam [979Kcal]

### **CORONATION CHICKPEA - £7**

Mango chutney and red onion [967Kcal]

### **SMOKED SALMON - £7.5**

Crème fraîche, dill and lilliput capers [763Kcal]

- Sandwiches are served on thick cut white or brown sliced bread with chips or soup -



Food allergies? Please advise your server or ask for a manager before ordering. If you require information about allergens in our food, please scan the QR code. All dishes are prepared in a kitchen where all allergens are present, subsequently we cannot guarantee any to be 100% free from allergens. Fish & poultry may contain bones. Adults need around 2000kcal per day. Prices include VAT at the current rate. [pb] plant-based | [pbo] plant-based option available | [wg] made without gluten | [wgo] without gluten option available | [n] contains nuts