

D'PARYS



GLUTEN FREE MENU

NIBBLES	Gluten-Free Artisan Bread , balsamic & olive oil [gf]	3.5
	Spiced Honey & Thyme Baked Camembert , toasted gluten-free bread, onion marmalade [v] [gf]	14
STARTERS	Our Kitchen Soup , warm & crusty gluten-free artisan bread [v] [gf]	4.5
	Bubble & Squeak , poached hen's egg & hollandaise [v] [gf]	6.5 12
	Glazed Goat's Cheese Gluten-Free Crostini , garlic cream, caramelised fig & onion chutney [v] [n] [gf]	6.5
	Caramelised Butternut Squash Hummus , warm gluten-free flatbread, vegetable crudités [v] [gf] [vea]	6
MAINS	Massaman Thai Curry , coconut rice [ve] [n] [gf] <i>[add chicken, prawns or halloumi]</i>	12.5 4
	Warm Braised Fennel Salad , cranberry, quinoa, baby leeks & orange dressing [ve] [gf] <i>[add chicken, prawns or halloumi]</i>	12 4
	Boneless Half Chicken , Asian slaw, crème fraiche [gf]	15
	Pan Fried Seabass Fillets , black olive & caper rösti, kale, butter sauce [gf]	15
	Grilled Chicken Burger , gluten-free bun, avocado, tomato jam, Asian slaw & seasoned fries [gf]	15
	BBQ Jackfruit Burger , gluten-free bun, aioli, Asian slaw [ve] [gf]	13.5
	Steak Burger , gluten-free bun, cheddar, bacon, chilli jam, Asian slaw, seasoned fries [gf]	14
	8oz 28 Day Dry Aged Sirloin Steak [gf]	23
	7oz 28 Day Dry Aged Rump Steak [gf]	18
		Steaks served with field mushroom, roasted vine tomatoes, fries & a choice of béarnaise or peppercorn sauce
SIDES ALL 3.5	Chunky Chips [gf]	
	Skinny Fries [gf]	
	Creamy Mash [gf]	
	Dauphinoise Potatoes [gf]	
	Seasonal Greens [gf]	
	Baby Leaf Salad [gf]	
	Asian Slaw [gf]	
DESSERTS	Apple, Pear & Blackberry Winter Crumble , vanilla ice cream or custard [gf] [n]	6.5
	Warm Chocolate & Pecan Brownie , raspberry sorbet, chocolate sauce [gf] [ve] [n]	6.5
	Selection of Cheeses , served with mulled apple chutney, celery, grapes, quince jelly & gluten-free crackers [gf]	
	Three Cheeses	8
	Five Cheeses	12

Whilst we take care to ensure that there is no cross contamination, wheat & nuts are used daily in our kitchen. If you have a food allergy or intolerance, please speak to a member of staff before you order your food or drinks.
[ve] vegan | [v] vegetarian | [gf] gluten free | [gfa] gluten free available | [n] contains nuts | [vea] vegan available

